



Josh Faust
Public Relations & Communications
Specialist, Frederick Health
240-566-4816 / JFaust@Frederick.Health

FOR IMMEDIATE RELEASE

Frederick Health provides free sports physicals to 300 FCPS student athletes

Frederick, MD – May 31, 2024, On the evening of May 29, 2024, nearly 300 Frederick County Public Schools high school student-athletes and their parents or guardians participated in the annual Free Sports Physicals Event. At this event, they received a free pre-participation sport physical valid throughout the 2024-2025 school year.

Providers and staff from Frederick Health Medical Group's practices of Orthopedics & Sports Medicine, Primary Care, Urgent Care, and Comprehensive Care Center volunteered their time for the event, which is held annually each spring at the Frederick Health Toll House location. This free event has been offered to student-athletes for nearly 15 years and has provided thousands of sports physicals.

"Partnering with other local institutions like FCPS is what makes Frederick Health so successful," said Erin Roosa, Senior Provider Relations Liaison with Frederick Health, and chief event organizer.

Working with athletic directors, coaches, and athletic trainers from Frederick County Public Schools to help increase awareness and register kids makes this event a success each year. Members from the Frederick Health Marketing & Communications Department support these efforts as they coordinate with both internal and external representatives.

The event was well organized, and families were efficiently navigated from station to station to complete the physical steps.

"This free event helps keep student-athletes healthy and safe, increases participation in sports programs, and works to support broader, more active lifestyles," Roosa added.

About Frederick Health

Frederick Health provides comprehensive healthcare services to the residents of Frederick County. The system includes Frederick Health Hospital, Frederick Health Medical Group, Frederick Health Employer Solutions, Frederick Health Home Care, and Frederick Health Hospice. Frederick Health Medical Group is a multi-specialty practice with more than 120 providers, 22 specialties and multiple locations across the county. The system has several ambulatory care locations, the freestanding James M Stockman Cancer Institute, three urgent care locations, and the Frederick Health Village. With 4,000 team members, Frederick Health provides a full spectrum of healthcare and wellness services to support its mission to positively impact the well-being of every individual in our community. For more information on Frederick Health, please visit www.frederickhealth.org.

###